



INTERNATIONAL
Taekwon-Do ITF Tournament



12-13 of May, 2018

Tallinn, Estonia

TOURNAMENT MAIN CONDITIONS:

● Organizer

Estonian Taekwon-Do Union
Kaera st.21, 10318, Tallinn
Phone no. (+372) 58 08 10 44
taekwondo@taekwondo.ee, www.tkd.ee



● Time and Venue

Time: 12-13 of May 2018
Place: LASNAMÄE KERGEJÕUSTIKUHALL (Punane str.45, Tallinn)

● Tournament rules

Competitions will be held in 2 divisions ("A" division- from 2 gyp, "B" division – from 9gyp till 3 gyp) among children, juniors, adults and veterans according to official ITF rules in the following disciplines:

- Individual pattern
- Individual sparring
- Individual special technique
- Individual power breaking/test
- Team sparring
- Self-defense

Age of participants will be determined on the day of the competitions according to competitors' passport. Black and color belt holders are allowed to enter the competitions. Every organization (federation, union, and club) may delegate unlimited number of teams. Every team may represent unlimited number of competitors in each category.

Equipment. Only gloves with closed fingers, open palm red and blue colors, (8oz) and foot protectors of red and blue color are to be allowed in competitors' equipment during the tournament. The head guard is obligatory to use in individual sparring for juniors, cadets and children.

● Duration of sparrings

Children – 2 rounds x 1 min 30 sec
Cadets and veterans – 2 rounds x 1 min 30 sec
Juniors and adults – 2 rounds x 2 min

Competitions among adults (black belt) will be with using circular system. In previously circular competitor will have a match with all competitors from the weight division. Duration of sparring – 1 round x 2 min. Competitors with best results will go to the 2nd circular. Duration of sparring – 2 rounds x 2 min.

Team sparring will be held for children, cadets, juniors, seniors and veterans (male, female). The team has to include 5 (five) competitors and one spare. Three (3) competitors and one spare should be included in team of veterans. Not more than 2 (two) competitors from one weight division could be in one children and cadets team. Children team sparring could consist of 9-13 years competitors. Color and black belts could be included in children, cadet, junior, senior or veteran team from "A" or "B" divisions.

Competitions in self-defense will be held in all categories male and female. Names of characters and show program should be claimed during registration. Teams could include color and black belts. 6-10 years old children are allowed to take part in self defense team.

Full insurance coverage for the event is responsibility of participants. Estonian Taekwon-Do Union is not responsible for any injury or loss for participants before, during or after the Tournament.

● Representative (VIP)

The Organizing Committee will provide Hotel accommodation in double room (11-14 of May, 2018) for one (1) representative per organization (if delegation contains not less than 15 persons).

● Umpires

Each team must have one umpire. The Organizing Committee will provide free accommodation in a double room for one (1) umpire from each team during tournament (11-13 of May 2017). If there are 2 umpires in a team of more than 15 participants The Organizing Committee will provide free accommodation in a double room for 2 umpires.

Organizing Committee will dismiss any Umpires who do not abide by the work schedules or guidelines and such Umpires will have to pay for the hotel accommodation and catering by themselves. Umpires must attend all Umpire Meetings scheduled in the period of the event. The Umpire's dress code must be according to ITF rules.

● Coaches

Only one coach is allowed to enter the square during the match. He/she must wear only sport suit and gymnastic shoes. Coach must attend the Draw and Coaches Meetings.

● Protest

The representative of a team is only the person who can make an official protest. The protest should be given with the monetary mortgage – 50 € (euro). In case of satisfaction of the protest, the mortgage comes back. In case of deviation of the protest, the mortgage does not come back. We do not accept any video during the protest.

● Opening ceremony

For the Opening Ceremony, the participants should wear the ITF Dobok or the team apparels.

● Awards for Participants:

All prizewinners of competition in personal categories will get medals and diplomas. Winners will get cups. Team, who win more medals than others, will get special cup – main cup of "BaltCup 2018".

● Entry fee

Individual - 25 € (Euro)

Self-defense – 30 € (Euro)

Team sparring – 50 € (Euro)

Payment must be done in Euros at the registration.

● Transport

All delegations should arrive **not later than 6:00 PM on 11th of May** (and proceed to registration in Hotel “Ecoland”).

Delegations which come by plane, train or bus should inform The Organizing Committee about arrival and departure time, number of flight by the **1st May of 2018**.

For teams who will not arrive by their own transport and will stay in “Ecoland” hotel, Organizing Committee will provide transportation within city limits (sea port/rail station/ airport – hotel – sport hall).

Please come not later than at 19.00 on the 11th of May 2018.

Registration

Registration will be in the hotel “Ecoland”. During the registration all team members will have own ID cards (for free). Please send us photos of your team members (name, position, photo) **not later than by the 1st of May – baltcup@tkd.ee**

Photo and ID cards making on the spot will cost 5 eur per participant.

● Visa

Delegations who need visa should sent name list and form ASAP **by the 24th of April - baltcup@tkd.ee** Enclosed you will find a special form.

● Accommodation

Deal B «Ecoland» Hotel



The hotel “Ecoland” is located in the ecologically friendly and clean district of Tallinn in the 5-minute-drive from the sea and in the 15-minute-drive from the city center. The convenient location of the hotel allows you to enjoy the peace and the nature, to relax from the city fuss.

All prices below are written per 1 person per 1 day:

Room type	Price
Single	50 euro
Double	30 euro
Triple	25 euro

● Deal A «Three Crowns Residents»

Hotel situated in a historical part of Tallinn in 1 km from city center, 10 min from the airport.

All prices below are written per 1 person per 1 day:

Room type	Price
Single	60 euro
Double	35 euro
Triple	30 euro



Hotel Deal includes:

- Breakfast
- ID card
- Transfer from airport/station to hotel and back
- Transfer to sport venue and back (for delegations without own transport)
- Free entrance to the sport venue
- Medical assistance during the competitions (only for competitors)

Please send your accommodation form **not later than by 1st of May 2018** – baltcup@tkd.ee

● Categories

(Categories could be changed, if will be not so much competitors):

CHILDREN (6-8 years)	
B division	
PATTERNS	
8 – 7 gyp	Chon Ji – Do San
6 – 5 gyp	Chon Ji - Yul Gok
4 – 3 gyp	Chon Ji – Toi Gye
SPARRING	
BOYS	-19кг, -22кг, -25кг, -28кг, -31кг, -34кг, -37кг, -40кг, -43кг, 43+кг
GIRLS	-19кг, -22кг, -25кг, -28кг, -31кг, -34кг, -37кг, -40кг, -43кг, 43+кг
TEAM SPARRING	
BOYS	
GIRLS	
SPECIAL TECHNIQUE	
BOYS	Twimyo nopi apcha busigi
GIRLS	Twimyo nopi apcha busigi

SELF DEFENSE (6-10 years)	
Boys (20-40s)	
Girls (20-40s)	

CHILDREN (9-10 years)	
B division	
PATTERNS	
8 – 7 gyp	Chon Ji – Do San
6 – 5 gyp	Chon Ji - Yul Gok
4 – 3 gyp	Chon Ji – Toi Gye
SPARRING	
BOYS	-25kg, -28kg, -31kg, -34kg, -37kg, -40kg, -43kg, -46kg, 46+kg
GIRLS	-25kg, -28kg, -31kg, -34kg, -37kg, -40kg, -43kg, -46kg, 46+kg
TEAM SPARRING	
BOYS	
GIRLS	
SPECIAL TECHNIQUE	
BOYS	Twimyo nopi apcha busigi
GIRLS	Twimyo nopi apcha busigi
SELF DEFENSE (6-10 years)	
Boys (20-40s)	
Girls (20-40s)	

CADETS (11-13 years) B division		CADETS (11-13 years) A division	
PATTERN		PATTERN	
8 – 7 gyp	Chon Ji – Do San	2 gyp - 1 gyp	Chon Ji-Choong Moo
6 – 5 gyp	Chon Ji - Yul Gok	1 dan	Chon Ji-Ge Baek
4 – 3 gyp	Chon Ji – Toi Gye		
SPARRING		SPARRING	
BOYS	35kg, 40kg, 45kg, 50kg, 55kg, 60kg, 60+kg,	BOYS	35kg, 40kg, 45kg, 50kg, 55kg, 60kg, 60+kg
GIRLS	30kg, 35kg, 40kg, 45kg, 50kg, 55kg, 55+kg	GIRLS	30kg, 35kg, 40kg, 45kg, 50kg, 55kg, 55+kg
TEAM SPARRING			
BOYS			
GIRLS			
SPECIAL TECHNIQUE			
BOYS		Twimyo nopi apcha busigi, Twimyo dollyo chagi	
GIRLS		Twimyo nopi apcha busigi, Twimyo dollyo chagi	
SELF DEFENSE			
Boys (20-40s)			
Girls (20-40s)			

JUNIORS (14-15 years) B division		JUNIORS (14-15 years) A division	
PATTERN (14-15 years)		PATTERN (14-15 years)	
8 – 7 gyp	Chon Ji – Do San	2 gyp – 1 gyp	Chon Ji - Choong Moo
6 – 5 gyp	Chon Ji - Yul Gok	I dan	Chon Ji- GeBaek
4 – 3 gyp	Chon Ji – Toi Gye	II dan	Chon Ji – JuChe
		III dan	Chon Ji – Choi Yong
SPARRING (14-15 years)		SPARRING (14-15 years)	
MALE	45kg, 51kg, 57kg, 63kg, 69kg, 75kg, 75+ kg	MALE	45kg, 51kg, 57kg, 63kg, 69kg, 75kg, 75+ kg
FEMALE	40kg, 46kg, 52kg, 58kg, 64kg, 70kg, 70+ kg	FEMALE	40kg, 46kg, 52kg, 58kg, 64kg, 70kg, 70+ kg
TEAM SPARRING			
MALE			
FEMALE			

JUNIORS (16-17 years) B division		JUNIORS (16-17 years) A division	
PATTERN (16-17 years)		PATTERN (16-17 years)	
8 – 7 gyp	Chon Ji – Do San	2 gyp – 1 gyp	Chon Ji - Choong Moo
6 – 5 gyp	Chon Ji - Yul Gok	I dan	Chon Ji- GeBaek
4 – 3 gyp	Chon Ji – Toi Gye	II dan	Chon Ji – JuChe
		III dan	Chon Ji – Choi Yong
SPARRING (16-17 years)		SPARRING (16-17 years)	
MALE	45kg, 51kg, 57kg, 63kg, 69kg, 75kg, 75+ kg	MALE	45kg, 51kg, 57kg, 63kg, 69kg, 75kg, 75+kg
FEMALE	40kg, 46kg, 52kg, 58kg, 64kg, 70kg, 70+ kg	FEMALE	40kg, 46kg, 52kg, 58kg, 64kg, 70kg, 70+kg
TEAM SPARRING			
MALE			
FEMALE			
SPECIAL TECHNIQUE (14-17 years)			
MALE		Twimyo nopi apcha busigi, Twimyo dollyo chagi, Twimyo bandae dollyo chagi, Twimyo 360 yopca jirugi	
FEMALE		Twimyo nopi apcha busigi, Twimyo dollyo chagi, Twimyo bandae dollyo chagi, Twimyo 360 yopca jirugi	
SELF DEFENSE (14-17 years)			
Male (40-60 sek.)			
Female (40-50 sek.)			
POWER BREAKING (14-17 years)			
MALE		Apjoomukjirugi, Sonkaltaerigi, Youpca jirugi Dollyo chagi, Bande dollyo chagi	
FEMALE		Sonkaltaerigi, Youpca jirugi, Appalgup Taerigi Dolmyochagi	

ADULTS (18-34 years) B division		ADULTS (18-34 years) A division	
PATTERN		PATTERN	
8 – 7 gyp	Chon Ji – Do San	2 gyp – 1 gyp	Chon Ji - Choong Moo
6 – 5 gyp	Chon Ji - Yul Gok	I dan	Chon Ji- GeBaek
4 – 3 gyp	Chon Ji – Toi Gye	II dan	Chon Ji – JuChe
		III dan	Chon Ji – Choi Yong
		IV dan	Chon Ji – Moon Moo

SPARRING		SPARRING	
MALE	50kg, 57kg, 64kg, 71kg, 78kg, 85kg, 85+ kg	MALE	50kg, 57kg, 64kg, 71kg, 78kg, 85kg, 85+kg
FEMALE	45kg, 51kg, 57kg, 63kg, 69kg, 75kg, 75+ kg	FEMALE	45kg, 51kg, 57kg, 63kg, 69kg, 75kg, 75+kg
TEAM SPARRING			
Male			
Female			
SPECIAL TECHNIQUE			
MALE	Twimyo nopi apcha busigi, Twimyo dollyo chagi, Twimyo bandae dollyo chagi, Twimyo 360 yopca jirugi		
FEMALE	Twimyo nopi apcha busigi, Twimyo dollyo chagi, Twimyo bandae dollyo chagi, Twimyo 360 yopca jirugi		
SELF DEFENSE			
Male (40-60 sek.)			
Female (30-50 sek.)			
POWER BREAKING			
MALE	Apjoomukjirugi, Sonkaltaerigi, Youpca jirugi Dollyo chagi, Bande dollyo chagi		
FEMALE	Sonkaltaerigi, Youpca jirugi, Dollyo chagi, Appalgup Taerigi, Dolmyochagi (180* YopChagi)		

VETERANS (35+ years) B division		VETERANS (35+ years) A division	
8 – 7 gyp	Chon Ji – Do San	2 gyp – 1 gyp	Chon Ji - Choong Moo
6 – 5 gyp	Chon Ji - Yul Gok	I dan	Chon Ji- GeBaek
4 – 3 gyp	Chon Ji – Toi Gye	II dan	Chon Ji – JuChe
		III dan	Chon Ji – Choi Yong
		IV dan	Chon Ji – Moon Moo
SPARRING			
Male 64 kg, 73 kg, 80 kg, 90 kg, 90+ kg			
Female 54 kg, 61 kg, 68 kg, 75 kgr, 75+ kg			
POWER BREAKING			
MALE	Sonkaltaerigi, Youpca jirugi, Dolmyochagi (180* YopChagi)		
FEMALE	Sonkaltaerigi, Youpca jirugi		

SELF DEFENSE
Male (30-50 sek.)
Female (20-40 sek.)
TEAM SPARRING
Male
Female

● **PRELIMINARY SCHEDULE (can be changed)**

12. 05. 2018	SATURDAY
13:00 – 18:00	Arrival and accommodation
13:00 – 18:00	Registration and weigh-in of participants ("Ecoland")
19:00	Umpires' meeting ("Ecoland")
20:00	Coaches' meeting ("Ecoland")
13. 05. 2018	SUNDAY
07:00 - 08:00	Breakfast
09:00 - 19:00	Competitions between juniors, adults and veterans (sport hall «Lasnamäe») Awarding Ceremony
18:00	Opening Ceremony and finals
21:30	Banquet for umpires and VIP representatives
14. 05. 2018	MONDAY
07:00 – 08:00	Breakfast
09:00 - 19:00	Competition among children and cadets (sport hall «Lasnamäe») Departure of delegations

Please send us all application forms not later than the 1st of May 2018

CONTACT INFORMATION

REGISTRATION:

Hotel «Ecoland» (Randvere tee 115, Tallinn)

SPORT VENUE:

Punane str.45

THE ORGANIZING COMMITTEE:

Kaera str.21a

EMERGENCY NUMBER:

+372 58 08 10 44

baltcup@tkd.ee